



## Provider Resources

*For your convenience in finding behavioral health resources, Missouri Department of Mental Health (DMH) has compiled this list. These links will take you out of the DMH website. DMH neither endorse nor take responsibility for the content of other organization's websites.*

### **General Mental Health**

The VA's *Community Provider Toolkit* features key tools to support the mental health services you provide to Veterans. You can find information on connecting with VA, understanding military culture and experience, as well as tools for working with a variety of mental health conditions.

<http://www.mentalhealth.va.gov/communityproviders/>

The Department of Defense (DoD) has made it a priority for health professionals to implement evidence-based *clinical practice guidelines* (CPGs) to improve and standardize the quality of care provided to its beneficiaries. CPGs contain recommendations based on evidence from a systematic review and synthesis of published medical literature. CPGs can improve the quality of clinical decisions. If carefully followed and implemented under the right circumstances, CPGs can further benefit health professionals by:

- Offering clear recommendations for practitioners who are uncertain about how to proceed.
- Providing a more rational basis for referral.
- Promoting efficient use of resources.
- Providing authoritative recommendations that reassure practitioners about the appropriateness of their treatment decisions.
- Improving the consistency of care.

To view the VA/DoD CPG on Management of Major Depressive Disorder (MDD) visit:

<https://www.qmo.amedd.army.mil/depress/CompleteCPG.PDF>

24/7 Outreach Center is provided by the *Defense Centers of Excellence for Psychological Health and Traumatic Brain Injury*. A trusted source of information on psychological health and traumatic brain injury issues and resources. Provides responses to your specific questions and needs. If we can't answer your question, we will be sure to connect you to someone that can—whether it's within the Department of Defense, other federal agencies or a civilian/community organization. The site offers a call center, email and live chat. Available to clinicians and clients. <http://www.dcoe.health.mil/Families/Help.aspx>